

## **DEEP State Parks Lifeguard Seasonal Position**

**Purpose of Position:** Accountable for performing a full range of lifeguard services at the State of Connecticut Department of Energy & Environmental Protection State Parks.

**Supervision Received:** Works under the supervision of designated permanent employees (including the Park & Recreation Supervisor and the Water Safety Coordinator), and under designated seasonal supervisors (Lifeguard Supervisors and Beach Directors).

**Examples of Duties:** Monitors activities in swimming areas to prevent accidents and provide assistance to swimmers at State Park Waterfronts; cautions swimmers regarding unsafe areas; maintains order in swimming areas; rescues swimmers in danger of drowning and administers first aid and/or cardiopulmonary resuscitation as required; instructs patrons in water safety; participates in physical and rescue skills training; performs general maintenance tasks, including beach cleaning, as assigned; performs related duties as required.

**Minimum Qualifications Required Knowledge, Skill and Ability:** American Red Cross Lifeguarding certification which includes CPR for the Professional Rescuer, and Basic First Aid. An EMT or MRT certificate may be substituted for the CPR and First Aid Requirements. Those applicants who already possess American Red Cross Waterfront Lifeguarding are preferred.

**Special Requirements:** Must be at least 16 years old.

**Physical Requirements:** Must be able to demonstrate the following American Red Cross Waterfront Lifeguarding skills: swim 550 yards continuously using the front crawl and breast-stroke; swim a distance of 20 yards, dive 7-10 feet to retrieve a 10 pound object, and return with it in under 100 seconds; swim 5 yards, dive and retrieve 3 dive rings placed 5 yards apart before resurfacing and swimming back.

**Restriction:** Must be able to meet the Physical Requirements.

**Compensation Guidelines:** Salary range is \$9.60-\$14 per hour. Standard workweek is 40 hours, which includes mandatory holidays and weekends.